



LAN

Long Alliantie Nederland

Name: _____

Date: _____

Instructor: _____



Inhalation protocol Genuair®

Patient information

- 1. Discuss the purpose and the mode of action of the medication.

Preparation

- 2. The mouth must be empty.
- 3. Hold the Genuair® horizontal, with the green button on the upper side. Remove the cap from the mouthpiece.
- 4. Press the green button on the back fully. After a double 'click', the green button can be released. Only do this just before inhalation.
- 5. Check if the control window has turned green.
- 6. The Genuair® is now ready for use.

Inhalation

- 7. Sit or stand up straight with your head slightly backwards.
- 8. **Exhale slowly and completely, not into the Genuair®.**
- 9. Put the mouthpiece between teeth and close lips to form a good seal.
- 10. **Inhale deeply with steady, moderate force.** Within the first second, you will hear a 'click'. Do not stop inhaling.
- 11. Hold breath for 10 seconds or as long as comfortable. Meanwhile remove the Genuair® from the mouth.
- 12. Exhale slowly, not into the Genuair®.
- 13. Check if the control window has turned red. If so, the inhalation was successful.
- 14. If an extra dose is prescribed, repeat steps 4 to 13.
- 15. Put the cap back on the mouth piece.

Cleaning

- 16. Clean the mouthpiece with a dry tissue, never rinse it with water.

Important points

- 17. The dose counter indicates the number of available doses. The dose counter will count down in steps of 10, When a red striped band appears on the dose counter, you are nearing your last dose of the Genuair®.
- 18. Keep the inhaler at room temperature in a dry place, not in the bathroom or kitchen.

Inhalation protocol Genuair® - version 2.0



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Finally

- 19. Have a look at an instructional film which shows these steps in action. Take a look at the following website for a Dutch instructional film: www.inhalatorgebruik.nl.

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These English protocols are based on the inhalation protocols of the Dutch Lung Alliance and are being translated by the ADMIT group www.admit-inhalers.org.

The Dutch Lung Alliance encourages dissemination of the protocols and the instructions. The most recent versions and terms of use can be found at the website www.inhalatorgebruik.nl